

# CPS Orphanage, Kathmandu, Nepal

Charity No. 1137324

## 2012 Newsletter

Founder/Manager: Bharat KC  
Assistant: Pradip  
House Mother: Anjana (Bharat's wife)

The children

Boys: (L-R)



Basanta(15), Naranjan(17), Arjun(16),  
Ram(11), Chandra(11), Bishnu(10), Laxman(11), Sunil(7), Pawan(18)



Girls: (L-R)

Kabita(11), Pushpa(13), Neha(13), Manisha(12),  
Sangita(6), Suntali (9), Rekha(7)

### What's New?

Please take the opportunity to visit our website at [www.cpsnepal.co.uk](http://www.cpsnepal.co.uk) where you will find all the latest news. Look out for an update in the New Year.



We are very excited that 2 more children will be coming to live at the CPS in the New Year.

In November the lease on the house expired and was sold. Consequently after much searching, Bharat has found a new house. As you can imagine finding a suitable house for 21 people, close to schools and with a clean water supply is a huge challenge. We always trust Bharat to come up trumps which he has achieved! He has managed to secure a 3 year lease with the option to extend to 10 years.

In March 2013 Julia, Jan and Karen are looking forward to visiting the orphanage again. We plan on taking; Nit lotion, Calpol and adult paracetamol so if you can help with any donations of these we would be most grateful. The children also really liked the Crocs we took last year so if you have any pairs that your children have outgrown, please think of us!

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## What a difference a year makes!

These 3 girls came to us in 2011 undernourished and homeless. They have settled well into the CPS family and are enjoying going to school and having lots of brothers and sisters.

**Sangita**



**Rekha**

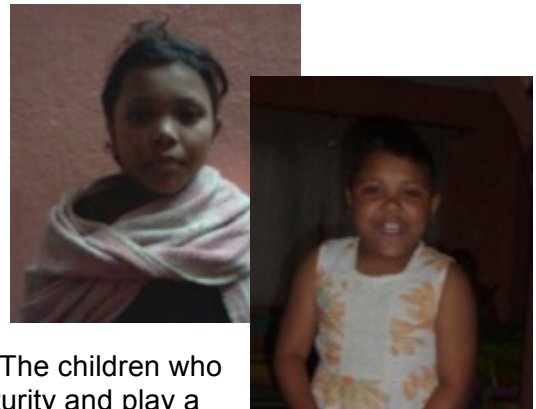


**Suntali**

## Latest visit

Julia and Karen made their annual visit to Nepal in April and once again, stayed at the orphanage. Their visit was self funded.

The children are all happy and thriving. It was interesting, with the addition of the new children how the dynamics of the family group has changed. The children who seemed so young last year have taken on a new maturity and play a huge roll in mentoring and guiding the younger children.



The children continue to gain confidence when speaking English, even the very tiny ones practiced their counting and alphabet whilst we were there.



During our visit we were fortunate enough for Dr Hazel Polge (the grand-daughter of one of Julia's patients) to visit the orphanage. She gave all the children and staff a thorough medical examination and highlighted areas of concern, which have now been addressed.

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As is becoming an annual event, we took the children and Dr Hazel for a picnic in the Botanical Gardens. As always we were quite a spectacle dancing around our rented hi-fi system. As always Anjana made everyone a delicious picnic lunch.

One funny incident we had whilst there was when we had a 'Question and Answer session', this was to encourage the children to use their English skills. Suntali asked us why we are so white and clean!

## Children

- The children remain happy and healthy and are all attending school full time. Unfortunately whilst we were there, Ram was admitted to hospital with severe vomiting and stayed there for 3 days. This illustrated to us how difficult life becomes for the family in this situation as a family member has to stay with the patient and provide all food and personal care.



It was also quite a shock for us to see the conditions of a 'private' hospital in Nepal. The lack of equipment and hygiene standards were shocking and highlighted the importance of good hygiene.

- We continue to protect the children against Typhoid, Diphtheria, Tetanus and Hepatitis B. **Chandra** also had a Pneumonia vaccination as he has a weak chest.
- **Niranjan** passed his +2 (sixth form) with placing in the top 5 of 105 students in his school. Through a contact of Jan's, Niranjan was given an interview with the Standard Chartered Bank in Kathmandu. In preparation for this, Julia, Karen and Anjana accompanied him to the tailors to have a new suit and shirt made.



We were delighted that Niranjan secured a 6 month contract within the Bank which will give him valuable skills and confidence.

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- **Sujata** did very well in her SLC exams and has earned a place studying science. We are very proud of Sujata to be our first girl to attend college.
- **Niranjan and Pawan.** For the past year the two oldest boys have been preparing to live independently. Bharat and Anjana have been training them to cook, clean and do their own laundry as well as learning how to budget their money.



This month they have moved out of the orphanage and moved into a room which they share together with kitchen and bathroom facilities. Their room is near to the orphanage so they still have the support from Bharat and Anjana.

We will temporarily subsidise their living expenses until they can support themselves fully.

## Pradip

One of our original orphans who worked for us for a year has now moved on and found employment abroad. We wish him every success in the future.

## Animals



The ultimate goal for the orphanage is to become self sufficient. Bharat managed to secure a piece of land rent free for 5 years. This accommodates the animals and enables him to grow vegetables which they consume. Any excess is taken to market and sold.

**Cow** – with profits made from selling some piglets, we have purchased a pregnant Jersey cow. It should produce enough milk to give the children and make money from selling the excess.

**Goats** – we have sold some of the goats to buy more breeding pigs, but have retained 2 female goats, 1 kid and a billy goat.

**Pigs** – we now have 7 female pigs, 3 of which are pregnant and 1 boar.

## Where Your Money Goes

Rent	£215 per month	School Fees	£100 per child per year
Gas	£ 21 per month	Exercise Books/Text Books	£40 per child per year
Electricity	£ 10 per month	School Uniform & shoes	£30 per child per year
Salaries	£ 90 per month	Medical	£59 per month
Food to feed 21	£250 per month	Fuel & Bike Maintenance	£15 per month
Household misc	£ 25 per month	Animals	Self supporting

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The cost of sponsoring a child can be broken down as follows:-

Rent	£10.23 per month	School Fees	£8.33 per month
Gas	£1.00 per month	Exercise Books/Text Books	£3.33 per month
Electricity	£0.48 per month	School Uniform & shoes	£2.50 per month
Household	£2.08 per month	Medical	£ 3.50 per month
Food	£ 11.90 per month	Inoculations	£ 3.00 per year

**The total cost of sponsoring a child for a month works out at £46.35**

**Please be assured that EVERY single penny you donate is passed on to the orphanage and accounted for.**

**Bharat provides monthly accounts with receipts, which are audited regularly.**

## **Bank Details – for Standing Orders or one off donations**

Cambridge Building Society:

Account Name: C P S Orphanage  
Sort Code: 20-17-22  
Account Number: 40338346  
Roll/Reference No: 1673091240

Please make cheques payable to: CPS Orphanage. If you do decide to contribute via Standing Order, please could you advise us so that we can send you a gift aid form.

To remind you, for those of you who already donate, please find attached gift aid form. We would be grateful if you could complete and return to: Julia Adams, 2 Rosemary Road, Waterbeach, Cambridge, CB25 9NB

### **Alternatively:**

Please visit our '**Virgin Money Giving**' account to make donations on line. Just go to [www.virginmoneygiving.com](http://www.virginmoneygiving.com) and type in CPS Orphanage, which will take you to our donating page.

If you have an urge to do a sponsored run, bungee jump, sky dive etc. please bear CPS Orphanage in mind. It is a great way of raising much needed money to keep the orphanage running and will also enable us to help more needy children by providing them with a safe and loving home.

### **Royal Parks Half Marathon Fund Raiser**

We are planning to field a small team to run the Royal Parks half marathon in September 2013. The 15,000 runners, beautiful FLAT course(!) and masses of spectators make it a fabulous day, so if you fancy a challenge and are willing to pledge to fundraise at least £250 for the orphanage, book your place with us and get training!

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## A BIG Thank You

- Bharat and his wife Anjana for their continued dedication, love and care of the children.
- The backbone of our fundraising is due to those who give generously via monthly Standing Order and one off cash donations. We are eternally grateful for your commitment.
- Rita and Michael Knox for asking for cash donations for their Golden Wedding Anniversary
- Stan Tokley for asking for cash donations instead of gifts for his 'Big' Birthday
- For Mrs Black's continuous support which has enabled us to follow through with our more ambitious projects.
- Viberts who donate through their salaries
- Ann Holmes and the Waterbeach Angling Club who hold an annual fishing tournament in memory of Ann's late husband, John.
- Julia Adams' Chiropody practice patients who continue to give regular cash donations.
- Ross-Gower Associates and all those who donated cash instead of sending Christmas cards.
- For those who brought a piglet!
- Waterlilies Beauticians in Stapleford who regularly give donations.
- Tosha Newark for holding a bake sale
- The Landbeach Knit and Natter group for knitting hats and jumpers which we take with us
- Helen and Jools, Hannah and Pixie, Alex and Francesca for raising an amazing amount at The Royal Parks Half Marathon.
- All those who have purchased Fair Trade Felt through us.
- Chris and Josh Adams for creating our fantastic website.
- Freddie Hall for his generous donation



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## **Many thanks for your wonderful support.**

Here are some of the emails received from the children. We love getting them and thought you would enjoy reading them. We have left them completely unedited.

Dear madam namaste I am pawan and hope you all are fine there. I reading propely and am living with Niranjn in our seprate room. I feel our room silent and we remember to our big family cps and you. i am searching job after completing my grade 12. we some times goes to cps to meet brothers,sisters,uncle and aunt. Niranjn helps me to read and he teach me about the exam Questions. I am also interested about joining job after my plus two and i have to make money for my daily life .I hope I will also become independent like Niranjn. Madam, I have missing you . please let me stop to close my writing . Thank you. Your obedient child, Pawan. Grade 12

Dear madam Namaste . I am Basanta and I am very happy to write you email. We all the children are fine and reading well. How are you? We are thinking you are fine in Uk. It is very cold in Kathmandu and I think it is also cold there.I am coming to cyber to write the feelings of Suntali,Sangita,Rekha. they said with me in Nepali and trying to write in English.

We are very happy to live in cps home. we eat dal, rice, vegetable and we drink milk. we were not getting to eat before coming to cps . We used to feel hungry all the time and wanted to eat more food before coming to cps,now we eat daily and feel our stomach. We did not think that we could get chance to live in a home like cps. we used to see children going to school in the village now we are also going to school. we have friends in school and uncle ,aunt many brothers and sisters at cps home and we are getting love and food, education. we feel happy to go school, we go altogether with our brothers and sisters. We drink tea and biscuit in the morning and we read and write. we eat Rice , dal ,vegetable and drink half glass of milk and we go to school. At school we eat some times prawan, some time, bread, some days, biscuit and some days apple. we eat at 1 noon at school .when we go back home from the school we eat tea, bread some days, biscuits, some days, noodles. we eat meat also. some days we eat Rice, fish, vegetable, dal. some days, meat, Rice, vegetables,dal. I like milk very much. we are sleeping in warm beds.

Madam ,please let me to stop here. your obedient child,Basanta. grade eight

Dear madam Namaste . I am fine here and we hope you all are fine there in UK.madam, I hearty thank you for inspiring me to work in such big corporate house. I feel lucky to work here and it is like a internship and I have to manage the files and deal with the customers. I get my lunch at the bank. I am working being cooperative with my seniors staffs and officer.I will get an oppurnity to work in this bank only for six months and I am hopping after completing my internship I will be able to join in other bank as a employee as i have more experience on banking. I came to know this standard chartered bank is a joint venture compny and it is my achievement to get chance to join here and learnt many more things. madam, I am living trying to become independent and now pawan and me are staying in a single room.we cook food and eat . In the beginning we missed our big family, brothers, sisters, uncle, aunt but now we are used to live in a single room with pawan. Anjana aunt and Uncle gives us sympathy and tells us that they are with us still. When we be in problem Uncle and aunt is ready to care us so we are not more worried. Now, we have more responsibility and we are like matured . We learnt many thing about our daily life at our lovely cps home so we are not facing any troubles,like we learnt to cook food with aunt,washing clothes etc. so it is being easy for us. we have missed you a lot, you, Bharat uncle ,aunt gave us warm love ,maternity care and cps is our every thing .we are in our room but we love to all brothers, sisters ,uncle aunt and you all.

Madam, we are settled in our new room and We have missed you so much. Madam, please let me stop to write now. your obedient child -Niranjn.

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Dear madam Namaste. I am fine here and I am hoping that you are fine there. I have found me myself one of the luckiest child that I have got an opportunity to join in science college. I go to the college at 9am from home and i get back home at 4 pm from my college. I found college life more different from school life. I be involve in science lab for practice and expirement. In the college class room here are more students and in our school there were few students. I am hoping to be a good science teacher. After two years i will have more responsibility towards the children to teach them good . my college is located at Lagankhel which is on the walking distance from our home.

on friday our college ends at 12 noon and i get home at half past 12. I found science subject quite vast and hard and we have to give more time daily at home to read and write. I want to hug you madam, and I am hoping to obtain good marks in the exam. Madam, may I stop to write for now. i have missed you a lot.

Your obedient child Sujata. Grade =11



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## Gift Aid declaration

*giftaid it*

Name of charity or CASC \_\_\_\_\_

### Please treat

- The enclosed gift of £ \_\_\_\_\_ as a Gift Aid donation; OR
- All gifts of money that I make today and in the future as Gift Aid donations; OR
- All gifts of money that I have made in the past 6 years and all future gifts of money that I make from the date of this declaration as Gift Aid donations.

✓ *Please tick the appropriate box*

You must pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April one year to 5 April the next) that is at least equal to the amount of tax that the charity or Community Amateur Sports Club will reclaim on your gifts for that tax year.

### Donor's details

Title \_\_\_\_\_ Initial(s) \_\_\_\_\_ Surname \_\_\_\_\_

Home address \_\_\_\_\_

Postcode \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_

#### Please notify the charity or CASC if you:

1. Want to cancel this declaration.
2. Change your name or home address.
3. No longer pay sufficient tax on your income and/or capital gains.

#### Tax claimed by the charity or CASC

- The charity or CASC will reclaim 28p of tax on every £1 you gave up to 5 April 2008.
- The charity or CASC will reclaim 25p of tax on every £1 you give on or after 6 April 2008.
- The Government will pay to the charity or CASC an additional 3p on every £1 you give between 6 April 2008 and 5 April 2011. This transitional relief for the charity or CASC does not affect your personal tax position.

If you pay income tax at the higher rate, you must include all your Gift Aid donations on your Self Assessment tax return if you want to receive the additional tax relief due to you.

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