

CPS Orphanage, Kathmandu, Nepal

Charity No. 1137324

Autumn 2011 Newsletter

Founder/Manager: Bharat KC
Assistant: Pradip
House Mother: Anjana (Bharat's wife)

The children

Boys: (L-R)

Pawan(17), Arjun(15), Niranjan(16), Basanta(14),
Laxman(10), Bishnu(9), Ram(10), Chandra(10),
Sunil(6)



Girls: (L-R)

Neha(12), Sujata(15), Kabita(10), Pushpa(12),
Manisha(11)

Meet the new children!

Sunil (6 yrs) came to CPS in October 2010. His mother died after falling off a cliff-face whilst cutting grass and his father died a year later from a snake bite. As he had nobody to look after him, he went to his neighbour who gave him food and shelter in exchange for looking after their cows. He is from a very low caste.



Bishnu (9 yrs) came to CPS in November 2010. His father died in a train accident in India and his mother died of kidney failure. He supported himself by working in a hotel washing dishes. He was paid with food but was homeless and lived on the streets. He is also from a very low caste.

Email address: cpsorphanage@hotmail.co.uk.

Trustees: Julia Adams, Karen Chamberlain, Jan Hall

CPS Orphanage, Kathmandu, Nepal

Charity No. 1137324

Maya (6 yrs) came to CPS in June 2011. Her father died before she was born and her mother passed away just last year as a result of an unsafe abortion (she had a relationship which was deemed illegal so wanted a termination). After her mother's death, she was homeless and lived in her maternal uncle's house, but they were so poor they could not feed or care for her.



Maya is now formally known as Rekha. It is common place for the children to call a new child by a new affectionate name which is then adopted!

These two girls have just arrived at CPS, here are their stories.....



Sangita (5 yrs) came to CPS in November 2011. Her father died last year in a landslide and her mother was raped and killed by her uncle, who is now in prison. There was nobody to care for and feed Sangita so she slept in sheds at night and wandered round the village for food in the day time. When Bharat found her Sangita didn't have adequate clothes and was shaking due to the cold. The photos of Sangita and Suntali were taken the day they came to CPS.

Suntali (8 yrs) came to CPS in November 2011. She lost her family when a landslide destroyed her family home killing her father, mother and brother. Suntali lived with her grandfather briefly until he passed away, unfortunately her uncle and aunt were unable to care for her. When Bharat met Suntali she was suffering from a fever and was quite poorly.



Both girls came from Baglibang which is a very remote undeveloped area in the mid western region of Nepal. There are no medical facilities, no phone and no roads.

Bharat's journey to reach them took 3 days; 1 day by minibus and 2 days on foot. The girls then had to do this journey in reverse!

Sangita and Suntali will start school in April 2012, and in the meantime they will stay at home with Anjana who will teach them skills like personal hygiene, hand washing before meals etc.

Initially we had requested the two newest girls to be of pre-school age so that we could afford their school fees once Nirajan and Pawan had finished 6th Form next year. Unfortunately this didn't work out but we're sure you will agree that their need for care is enormous. If anyone would be willing to sponsor or part sponsor Sangita or Suntali's schooling, the annual cost for this is £155 per year per child including uniform, shoes and books.

All these children were recommended to the CPS via their village's development committees.

Email address: cpsorphanage@hotmail.co.uk.

Trustees: Julia Adams, Karen Chamberlain, Jan Hall

CPS Orphanage, Kathmandu, Nepal

Charity No. 1137324

Latest visit

Julia, Karen and Jan were fortunate enough to visit Nepal again this April and stayed at the orphanage. Their visit was self funded.

Once again, the CPS family have moved into a new house as the landlord decided to sell the previous property. The new house is very similar but allows the boys and girls bedrooms to be on separate floors.

It was extremely rewarding to see how the children have developed both physically and emotionally. They were much more confident in using their English language skills which improved immensely over the 10 days we were there.

During our visit, Jan's son Will and his partner Jess, who were also visiting Nepal, met the children. They joined us for a picnic in the Botanical Gardens, where the boys had a great time playing football with Will while Jess taught the girls photography skills. 26 people in a mini bus built for 14 was an experience!



Whilst Will and Jess were visiting, they also treated the children to a meal out which was a whole new experience for some of them.

In the evenings we had lots of fun doing activities like a treasure hunt, singing and dancing, but the favourite activity was food tasting. Not surprisingly the favourites were chocolate mini rolls and hot chocolate with marshmallows – the children were not impressed with Karen's olives!



Children

- The children remain happy and healthy and are all attending school full time. Unfortunately this year some of the children had serious illnesses and were hospitalized for some time. **Ram** caught typhoid from drinking unfiltered water at school, **Bishnu** contracted meningitis and **Sujata** had an undiagnosed virus. Thankfully they have all recovered and are doing well.

Fortunately these children received medical attention, which saved their lives.

Email address: cpsorphanage@hotmail.co.uk.

Trustees: Julia Adams, Karen Chamberlain, Jan Hall

CPS Orphanage, Kathmandu, Nepal

Charity No. 1137324

Without your kind donations these children would have died. The medical bills for last year totalled £650.00. (Our usual yearly budget for medical care is £480.00)

- This year we decided that all the children should be inoculated against Typhoid, Diphtheria, Tetanus and Hepatitis B. **Chandra** also had a Pneumonia vaccination as he has a weak chest.

We have decided that this should be an ongoing programme at a total cost of £48.00 per year, which equates to £3 per year per child.

Pawan has passed his SLC exam and has done so well that he has enrolled in college to study Accounts, English and Office Management. We are very proud of him. He has been at the CPS from the beginning, having been a porter in the Himalayas after being orphaned at the age of 4.

We decided on this visit that the two older boys **Pawan** and **Niranjan**, should be accommodated on the top floor of the house to prepare them for independent living. With guidance from Bharat and Anjana they are being trained to budget their money, cook simple meals and do their own laundry, ready for leaving the orphanage next year.

Since our last newsletter **Youkesh** has been resettled with his Grandfather.

Pradip



For those of you who do not know, Pradip was one of the original five children to come to the CPS when the orphanage was first established. Now aged 22 he lives independently but is still involved with his CPS family.

Now that we have 17 children we have employed Pradip to help with the morning, after school and evening routines. He will also assist Bharat caring for the animals. For this he is paid a nominal salary and given his evening meal.

Animals

The ultimate goal for the orphanage is to become self sufficient. Bharat managed to secure a piece of land rent free for 5 years. This accommodates the animals and enables him to grow vegetables which they consume. Any excess is taken to market and sold.

Goats - our original 5 goats have now become 9. They will be taken to market in the New Year and sold. The money for this will be reinvested.

Chickens – before our last visit we asked people to pledge £5 for the purchase of a chicken and contributors were given the opportunity to name 'their' chicken. The most interesting names were: Chicky MoMo, Frank, Randy and Majola!



Email address: cpsorphanage@hotmail.co.uk.

Trustees: Julia Adams, Karen Chamberlain, Jan Hall

CPS Orphanage, Kathmandu, Nepal

Charity No. 1137324

The chickens will be used for egg production (organic and free range!) and any excess are being sold at market. At the end of their egg laying life the chickens will be sold.



Pigs – before we left the UK people kindly gave us cash donations which we wanted to use wisely and with some leftover ‘chicken’ money we decided to purchase 5 new born piglets from Pradip.

There was much excitement at 5am when Bharat and Pradip came in with photos of the new arrivals (they were born the night before we left to fly home).

Our aim of pig rearing is to first increase the herd and then once established, sell the youngsters or fatten to sell at market.

Where Your Money Goes

Rent	£122 per month	School Fees	£85 per child per year
Gas	£ 21 per month	Exercise Books/Text Books	£40 per child per year
Electricity	£ 10 per month	School Uniform & shoes	£30 per child per year
Salaries	£ 76 per month	Medical	£54 per month
Water	£ 32 per month	Fuel (this replaces taxi fares)	£10 per month
Food to feed 21	£200 per month	Animals	Self supporting

The cost of sponsoring a child can be broken down as follows:-

Rent	£7.60 per month	School Fees	£85 per year
Gas	£1.31 per month	Exercise Books/Text Books	£40 per year
Electricity	£0.62 per month	School Uniform & shoes	£30 per year
Water	£2.00 per month	Medical	£ 3.50 per month
Food	£ 9.52 per month	Inoculations	£ 3.00 per year

Please be assured that EVERY single penny you donate is passed on to the orphanage and accounted for.

Bharat provides monthly accounts with receipts which are audited regularly.

Bank Details – for Standing Orders or one off donations

Cambridge Building Society:

Account Name: C P S Orphanage
Sort Code: 20-17-22
Account Number: 40338346
Roll/Reference No: 1673091240

Email address: cpsorphanage@hotmail.co.uk.

Trustees: Julia Adams, Karen Chamberlain, Jan Hall

CPS Orphanage, Kathmandu, Nepal

Charity No. 1137324

Please make cheques payable to: CPS Orphanage. If you do decide to contribute via Standing Order, please could you advise us so that we can send you a gift aid form.

To remind you, for those of you who already donate, please find attached gift aid form. We would be grateful if you could complete and return to: Julia Adams, 2 Rosemary Road, Waterbeach, Cambridge, CB25 9NB

Alternatively:

We have now set up a '**Virgin Money Giving**' account to make donations on line. Just go to www.virginmoneygiving.com and type in CPS Orphanage which will take you to our donating page.

If you have an urge to do a sponsored run, bungee jump, sky dive etc. please bear CPS Orphanage in mind. It is a great way of raising much needed money to keep the orphanage running and will also enable us to help more needy children by providing them with a safe and loving home.

A BIG Thank You

- Bharat and his wife Anjana for their continued dedication, love and care of the children.
- The backbone of our fundraising is due to those who give generously via monthly Standing Order. We are eternally grateful for your commitment.
- Will Hall for raising an amazing amount of sponsorship by running the Tokyo Marathon.
- Steve Chamberlain for raising a fantastic amount of sponsorship by running the Great Eastern Half Marathon and a huge THANK YOU to the anonymous donor who got Steve to his target amount.
- Jan Hall's former colleagues at Viberts who donate through their salaries
- Ann Holmes and the Waterbeach Angling Club who had a fishing tournament in memory of Ann's late husband, John.
- Julia Adams' Chiropody practice patients who continue to give regular cash donations.
- Ross-Gower Associates who donated cash instead of sending Christmas cards.
- David and Susan Cooper who donated cash instead of sending Christmas cards.
- All the people who pledged money for a chicken!
- Patrick Creighton who organised, produced and performed in his own comedy show and donated all proceeds to the orphanage. Thanks also to his mum who sold refreshments and his friends who played music.

Email address: cpsorphanage@hotmail.co.uk.

Trustees: Julia Adams, Karen Chamberlain, Jan Hall

CPS Orphanage, Kathmandu, Nepal

Charity No. 1137324

- Lucy and Tom Whiteside age 10 and 7 for raising money.
- Waterlilies Beauticians in Stapleford who regularly give cash donations.
- Kiera and Michaela for raising money by hosting a tea party in memory of Anita.
- Will, Jess and Jan for buying a basketball hoop and other sports equipment.

Many thanks for your wonderful support.

Here are some of the emails received from the children. We love getting them and thought you would enjoy reading them.

Bishnu & Sunil

We are very, very happy in cps and it is our house. We eat good food, we drink milk and we go to school. We sleeping in good beds. Our uncle, aunt loving us and caring us. We eat meat and eggs also. We have more brothers and sisters. I take bath in bathroom and we use toilet rooms for toilets. Our cps house is very, very big. We playing foot ball and basketball. we have our loving madams like madam Julia ,madam Jan and madam Karen. they coming to visit us and we are very happy and we get more gifts and clothes also. we like to hug to madams and we love them. Before coming cps, we do not have house and no person likes us and we do not have good food. We was in trouble before we came to cps and we did toilet on the road and no washing hands and no bathing also.

Sujata

I am very happy to get a chance to be a member of cps family. In cps, we get warm love, good food and good medication. we have got good education and proper take care from our Uncle and aunt. I love cps and i love my all brothers and sisters. I read in grade ten and I never try to recall my past movements when I was in big trouble. I want to be a nurse and serve to the poor patients. We have learnt many good things from cps and I want to help cps when I get good job after finishing my study. I have got inspiration from our madam Julia, madam Karen, madam Jan and madam Sarah. I love them and they are my mothers. Madam Julia, Madam Karen madam Jan are very special for us and we always be happy to be together with them. I am the eldest among the girls and I help smaller sisters and I love them. I enjoy to sing and dance.



Email address: cpsorphanage@hotmail.co.uk.

Trustees: Julia Adams, Karen Chamberlain, Jan Hall

CPS Orphanage, Kathmandu, Nepal

Charity No. 1137324

Gift Aid declaration

giftaid it

Name of charity or CASC _____

Please treat

- The enclosed gift of £ _____ as a Gift Aid donation; OR
- All gifts of money that I make today and in the future as Gift Aid donations; OR
- All gifts of money that I have made in the past 6 years and all future gifts of money that I make from the date of this declaration as Gift Aid donations.

✓ *Please tick the appropriate box*

You must pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April one year to 5 April the next) that is at least equal to the amount of tax that the charity or Community Amateur Sports Club will reclaim on your gifts for that tax year.

Donor's details

Title _____ Initial(s) _____ Surname _____

Home address _____

Postcode _____ Date _____

Signature _____

Please notify the charity or CASC if you:

1. Want to cancel this declaration.
2. Change your name or home address.
3. No longer pay sufficient tax on your income and/or capital gains.

Tax claimed by the charity or CASC

- The charity or CASC will reclaim 28p of tax on every £1 you gave up to 5 April 2008.
- The charity or CASC will reclaim 25p of tax on every £1 you give on or after 6 April 2008.
- The Government will pay to the charity or CASC an additional 3p on every £1 you give between 6 April 2008 and 5 April 2011. This transitional relief for the charity or CASC does not affect your personal tax position.

If you pay income tax at the higher rate, you must include all your Gift Aid donations on your Self Assessment tax return if you want to receive the additional tax relief due to you.

Email address: cpsorphanage@hotmail.co.uk.

Trustees: Julia Adams, Karen Chamberlain, Jan Hall